

NOVEMBER 2021

MENLO ELEMENTARY SCHOOL

BREAKFAST



Cafeteria Manager: Patricia Bentley

Menu is subject to change due to product availability.



November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and whole grain cereal to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.

This institution is an equal opportunity provider.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

TEACHER WORKDAY

2

Chicken Biscuit OR
Egg/Cheese Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

3

Breakfast Pizza OR
Sausage Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

4

Syrup Day OR Muffin OR
Cereal & Toast
Fruit
Juice
Milk

5

Gravy Biscuit OR
Bacon/Egg/Chz Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

8

Steak Biscuit OR
Bacon Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

9

Chicken Biscuit OR
Egg/Cheese Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

10

Breakfast Pizza OR
Sausage Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

11

Syrup Day OR Muffin OR
Cereal & Toast
Fruit
Juice
Milk

12

Gravy Biscuit OR
Bacon/Egg/Chz Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

15

Steak Biscuit OR
Bacon Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

16

Chicken Biscuit OR
Egg/Cheese Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

17

Breakfast Pizza OR
Sausage Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

18

Syrup Day OR Muffin OR
Cereal & Toast
Fruit
Juice
Milk

19

Gravy Biscuit OR
Bacon/Egg/Chz Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

22

THANKSGIVING BREAK

23

THANKSGIVING BREAK

24

THANKSGIVING BREAK

25

THANKSGIVING BREAK

26

THANKSGIVING BREAK

29

Steak Biscuit OR
Bacon Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

30

Chicken Biscuit OR
Egg/Cheese Biscuit OR
Cereal & Toast
Fruit
Juice
Milk

